

**KETTLE CORE** *pilates*

Want to achieve a strong posture,  
look good and feel well?  
Try Pilates Method -

**REFORMER PILATES**

## **ANGEBOTE FÜR EINSTEIGER**

A: 1x Einzelstunde      50,- Euro

B: 1x Einzelstunde +  
1x Gruppe              80,- Euro

94 58 for an appointment • CALL or whatsapp 0173/455 94 58 for an appointment • CALL or whatsapp

